



# TECHNO INDIA NJR INSTITUTE OF TECHNOLOGY

Approved by AICTE & Affiliated to Rajasthan Technical University

www.technonjr.org

NJR Knowledge Campus, Plot-SPL-T, Bhamashah (RIICO) Industrial Area, Kaladwas, Udaipur - 313003 (Raj.)  
Tel. : +91 2942650214-17 Fax :+91 2942650218, Email : technonjr@gmail.com, director@technonjr.org

At Techno India NJR Institute of Technology, Udaipur, we focus on the primary aim to ensure a safe space and promote healthy environment. Our Various committee's has come up with an action plan for the academic year 2023-24, in which every year various programmes on Gender Sensitization are planned such as Workshops / seminars on Gender Equity / Attitude, Prevention of Sexual Harassment, Women Empowerment, Menstrual Hygiene, Women's day.

Focusing on the primary aim to ensure a safe space and promote healthy environment the **Vishakha Cell (Sexual Harassment)** Committee of Techno India NJR, has come up with an action plan for the academic year 2023-24 under the guidance and planning of various committee's such as Anti-Ragging Committee, SC-ST Committee etc.

Techno India NJR Institute of Technology is taking certain specific initiatives to facilitate gender equity and their development and empowerment. Our Gender Positive Initiatives are –

Internal Complaint Committee – The committee consists of Principal and three senior faculty members including one woman and local police station in-charge. This committee looks after any grievance and tries to solve at the earliest.

Anti-Ragging Committee – A dedicated anti-ragging committee is there. Till date the faculty members are so vigilant that no case of anti-ragging has been reported.

Safety and Security - In order to maintain safety and security to the girl's students and woman faculties, a committee has been constituted for redress of grievances. Our Internal Compliances committee stays alert all the time to prevent any sexual abuse to words students and female workers. We also focus on preventing this kind of harassments by using secret monitory services, which keep a keen eye on the entire campus. Deployment of 128 CCTVs across the campus for round-the-clock surveillance. Separate timings for girls to utilize the GYM.

Counselling - The major objective of the counselling centre is to facilitate Academic, Emotional, Social and cognitive development of the students hence to empower them in their learning and personal development. Other than students, parents and teachers are also getting the benefits from the counsellor in order to pave a path to the students inside the campus and in their homes. Here in Techno NJR we look into the most common reasons college students seek counselling; to achieve this goal college is taking several steps.

Common Room- There is a dedicated common room separate for boys and girls

Some of the glimpse of a healthy environment at Techno India NJR is as follows:

For Techno India NJR Institute of Technology  
  
(R. S. Vyas)  
Director



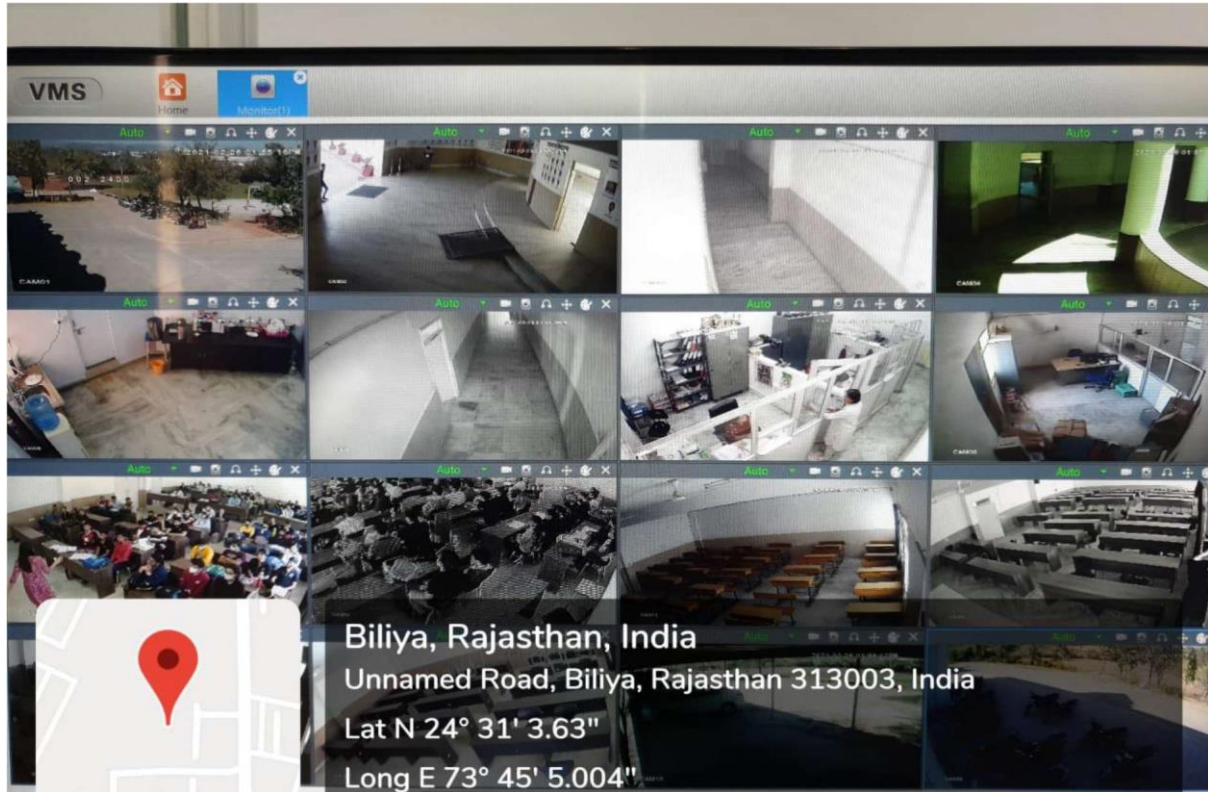
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## 1. Safety and Security.



## 2. Common Rooms.



For techno india NJR Institute of Technology

*[Signature]*  
(B.S. Vyas)  
Director





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3 GYM



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## Debate Competition



**TECHNO NJR**  
INSTITUTE OF TECHNOLOGY

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*Event*  
*On*

# Gender Quotas in Leadership Roles

**Date :** March 08, 2024

**Time :** 2 PM - 3 PM

**Venue :** Techno NJR Seminar Hall

**ADMISSIONS**  
**OPEN 2024-25**

**WWW.TECHNONJR.ORG**  
**FOR ADMISSION RELATED QUERIES. CONTACT : 8696932729/730**

For Techno India NJR Institute of Technology

  
(B.S. Vyas)  
Director



## Report

**Event:** Debate Competition on "Gender Quotas in Leadership Roles"

**College:** Techno NJR Institute of Technology

**Venue:** Seminar Hall

**Date:** March 08, 2024

**Time:** 2:00 PM - 3:00 PM

**Judges:** 1) Dr. Rekha Lahoti

2) Naresh Mali

**Chief Guest :** Meera Ranawat

## Abstract

On March 08, 2024, the Techno NJR Institute of Technology hosted a stimulating debate competition on the topic "Gender Quotas in Leadership Roles." The event took place in the Seminar Hall from 2:00 PM to 3:00 PM and saw an engaging exchange of ideas among the participants.

The debate centered around the contentious issue of implementing gender quotas in leadership roles across various sectors. The participants passionately argued both for and against the motion, discussing the implications of such quotas on equality, meritocracy, and organizational efficiency.

## Arguments

Arguments For Gender Quotas: Proponents of the motion argued that gender quotas are essential for ensuring equal representation in leadership positions, which have traditionally been dominated by men. They highlighted that quotas can help break the glass ceiling and provide women with opportunities to demonstrate their leadership abilities, ultimately contributing to a more diverse and inclusive work environment.

Arguments Against Gender Quotas: Opponents, however, contended that gender quotas could undermine merit-based selection and lead to tokenism. They argued that leadership roles should be filled based on competence and qualifications, rather than fulfilling a numerical quota. They also expressed concerns that quotas might reinforce stereotypes rather than challenge them.

The debate was engaging, with participants presenting well-researched arguments and responding to





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counterpoints effectively. The audience actively contributed, adding depth to the discussion. The judges commended the participants for their articulate arguments. While no consensus was reached, the event encouraged critical thinking on the complex issue of gender quotas in leadership, highlighting diverse perspectives and the importance of gender equality in modern society.

Participant List					
Email Address	Name	Roll No.	Branch	Semester	You are
punittak2005@gmail.com	Punit Tak	23ETCCS126	CSE	III Sem	Proponents
anishkaranawat3@gmail.com	Anishka Ranawat	23ETCCS008	CSE	III Sem	Opponents
dishigpt15@gmail.com	Dishi Gupta	23ETCCS033	CSE	III Sem	Opponents
yashdave2332@gmail.com	YASH DAVE	23ETCCS169	CSE	III Sem	Opponents
sharmameet312@gmail.com	Meet Sharma	23ETCCS079	CSE	III Sem	Proponents
khushaldak4444@gmail.com	Khushal dak	23ETCCS061	CSE	III Sem	Proponents
yashmailyou@gmail.com	Yash Jain	23ETCCS170	CSE	III Sem	Proponents

**Winner Name: Anishka Ranawat**

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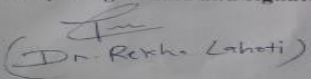
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## Score card

**Judgment Sheet**

Name	Confidence (10 Marks)	Topic relevance (10 Marks)	Total (20)
Punit	09	09	18
Anshika	10	09	19
- dishi	09	08	17
- yash Dane	08	08	16
Yash Jain	06	06	12
Kushal Dax	05	05	10
Meet	05	05	10

Activity In charge

Activity Judge Name and signature -  
  
(Dr. Rekha Lahoti)

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Yash Dave	09	10	19
Yash Jain	09	09	18
Kushal Dax	09	10	19
Meek	09	08	17

Activity In charge  
Activity Judge Name and signature -  
Naresh Mal

## Geotag Photos:



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*(B.S. Vyas)*  
Director





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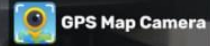
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Long 73.751402°  
08/03/24 02:43 PM GMT +05:30



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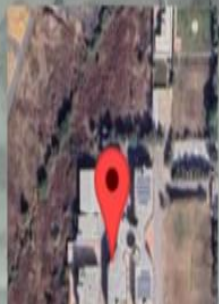


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Long 73.751404°



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## Event Report on Mental Health Matters: Understanding Women's Unique Mental Health Challenges



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### Session on



## Mental Health Matters (Understanding Women's Unique Mental Health Challenges)


### Speaker





### Mr. Dr. Kamal Kishore Bishnoi

(Associate Professor)  
Department of Surgical and Gastroenterology,  
Geetanjali Medical College and Hospital,  
Udaipur



 2:00-4:00 PM     January 24, 2024

 Seminar Hall, Techno NJR Knowledge Campus

   /TechnoNJROfficial    ||     <http://www.technonjr.org>

For Techno India NJR Institute of Technology

  
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Director





**Speaker:** Dr. Kamal Kishor Bishnoi

**Venue:** Seminar Hall

**Date:** 24/01/24

**Time:** 2-4 Pm

**Introduction:**

A seminar on the topic “Mental Health Matters: Understanding Women's Unique Mental Health Challenges” was held at the Seminar Hall on [Insert Date]. The session was led by **Dr. Kamal Kishor Bishnoi**, a renowned mental health expert and advocate for gender-specific healthcare awareness. The seminar aimed to shed light on the various mental health challenges women face, highlighting biological, social, and cultural factors that contribute to these issues.

**Key Highlights of the Speech:**

Dr. Bishnoi began by emphasizing the importance of mental health as a critical aspect of overall well-being, particularly for women. He presented compelling statistics about the higher prevalence of mental health disorders among women, stressing that conditions such as depression, anxiety, and PTSD disproportionately affect women due to various factors.

**1. Biological and Hormonal Influences:**

- Dr. Bishnoi explained how hormonal changes during puberty, pregnancy, postpartum periods, and menopause significantly influence women’s mental health.
- He discussed **postpartum depression** as a common yet underreported condition, affecting new mothers and often dismissed as “baby blues.”
- The impact of menopause on mental health was also covered, with the speaker highlighting mood swings, depression, and anxiety experienced by many women during this phase.

**2. Social and Cultural Pressures:**

- Dr. Bishnoi addressed the societal expectations placed on women to fulfill multiple roles—caregiver, professional, partner, and parent. He pointed out how this “superwoman” expectation can lead to chronic stress, burnout, and anxiety.
- He also brought attention to the impact of trauma, such as domestic violence and sexual abuse, on women's mental health, stressing the need for trauma-informed care.

**3. Stigma and Barriers to Seeking Help:**

- A significant part of Dr. Bishnoi’s speech focused on the stigma surrounding mental health, especially for women. He noted that many women feel hesitant to seek help for fear of being labeled as “too emotional” or weak.
- He urged society to break down these stigmas, emphasizing that mental health challenges are medical





conditions, not personal failings.

#### 4. Call for Action:

- Dr. Bishnoi highlighted the importance of open conversations about mental health, encouraging both men and women to discuss these issues without fear of judgment.
- He advocated for better mental health services tailored to women's specific needs, including access to therapy and support groups for conditions like postpartum depression and trauma-related disorders.
- He concluded with a call to action, urging the audience to support mental health initiatives, promote self-care among women, and challenge societal norms that contribute to mental health struggles.

#### Conclusion:

The seminar concluded with an engaging Q&A session, where Dr. Bishnoi answered questions from the audience. Topics included strategies for coping with stress, how to support women experiencing mental health issues, and the need for policies that promote better mental health care for women.

Dr. Bishnoi's seminar was an eye-opening and educational event, providing valuable insights into the mental health challenges women face. His call for greater awareness, open dialogue, and gender-specific mental health care resonated with the audience, leaving a lasting impact.

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## [Placement 2020-24 Batch] 3 Techno NJR students bag American Express Job at 18.94 LPA package.



[Placement 2020-24 Batch ] 3 Techno NJR students bag American Express Job at 18.94 LPA package.

Arzoo Bapna, Somya Champawat, and Sonakshi Negi, students of 4th year B.Tech in Computer Science & Engineering have been offered the position of Engineer Trainee – Software Engineering (Full Time) at an annual package of Rs.18.94 Lakhs per annum. They participated in Makeathon ( A Hackathon for Women) organized by American Express for Girl students in which all IIT and other top-rated institute students participated. 55 students were short-listed based on the results of this hackathon. This was followed by further assessments and personal interviews.

Arzoo Bapna is an American citizen and it was difficult for her to decide whether to go to the USA for engineering studies or stay in Udaipur and join Techno NJR. ” I am happy with my decision to join Techno NJR in 2020 instead of going to the USA. The great environment and faculty support helped me get this dream Job” says Arzoo.

#TechnoNJR #AmericanExpress #AmericanExpressBound #FutureTechLeaders #ProudMoment