

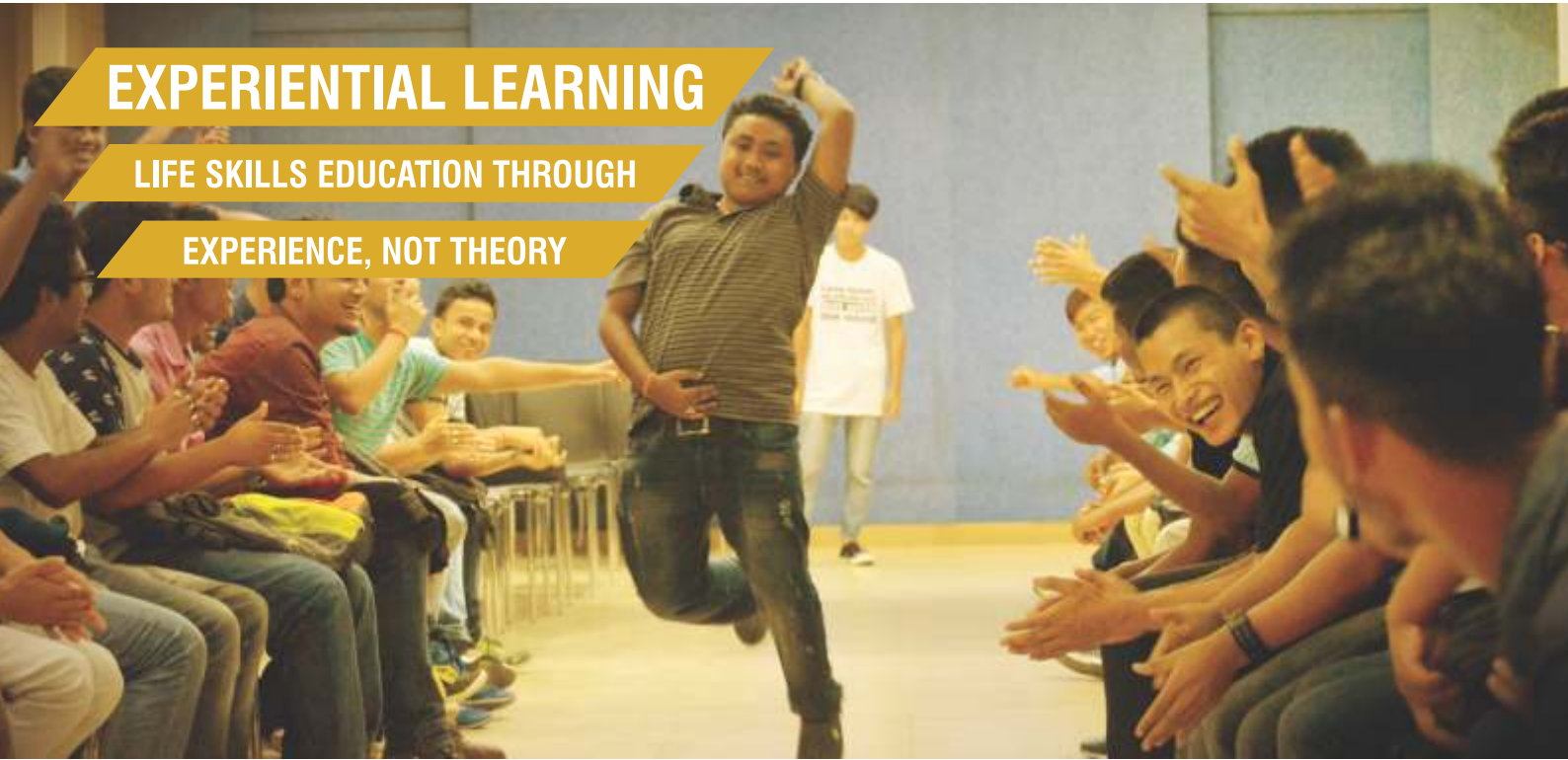
# The Life Workshop

Review Restore Reinvent

## EXPERIENTIAL LEARNING

LIFE SKILLS EDUCATION THROUGH

EXPERIENCE, NOT THEORY



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TECHNO INDIA NJR INSTITUTE OF TECHNOLOGY

## GROUP CONVERSATION THERAPY

TRAINING THROUGH CONVERSATIONS THAT

ENGAGE & INSPIRE YOU



## THE LIFE WORKSHOP

REINVENT YOUR LIFE SKILLS TODAY

## ABOUT US & OUR COURSE STRUCTURE

Our workshops are not monologues. They are heartfelt conversations. We drive the point through humour and empathy.

We use blended methodologies of theatrical story-telling, task-based processes, discussions, group and individual work, case studies, video and audio tools, simulation exercises and role plays.

We tailor the courses according to the needs of your students, depending upon with some one-day workshops are best increased to a 2-day interaction.

### HIGHEST RATED

Its very elating, to experience the response from individuals who feel liberated and ready to take on their life goals after the life workshop, theirs results is our pride.

### UNINHIBITED UNLIMITED

Unbelievable results achieved when the real concerns are worked on. The true potential of an individual is unleashed, through simple and super-fun exercises, that will be remembered for a life-time.

### POWER OF STORYTELLING

If you wish to influence an individual or a group to embrace a particular value in their daily lives, tell them a compelling story. The theatric story-telling in these life skills training drives the point home.

### EXPERIENTIAL LEARNING

Life skills training begins when training moves from theory to an actual experience, motivation then becomes a process, a science, a technology that can be never forgotten once you've learnt it, just like swimming.

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## ABOUT ENTREPRENEUR



**Juuhi Raai,**  
Entrepreneur, Author,  
Life Skills Coach

Juhi Rai is an Author, Businesswoman and a Life skills coach for students and corporate executives. She has trained more than 9000 people from corporate, management and senior levels.

Her love for entrepreneurship made her a owner of three successful businesses before she was even 29. Having recognised the power of networking, she has excelled in the competitive business of network marketing for last 6 years. She has led a team of over 600 people over 6 cities including London and generate revenues north of 20 million USD.

She has compiled two Chicken Soup series books and her third book which is a self help book that will help the youth shape themselves into powerful individuals.



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## OUR CLIENTS

### Corporate / Business Organisations

- Hewlet Packard (Tech Support Group), Mumbai
- Mphasis EDS, Pune
- Awaya, Pune
- JLL, Mumbai
- Netlinks Software Group (Detroit), Bhopal
- Infinity, Network Marketing Company
- Quest (Hong Kong), Mumbai
- World Entrepreneurship Forum, Delhi
- Cambridge Global Partners, Mumbai

### Government institutions/ NGOs

- Naval College of Engineering, INS Shivaji, Lonavla
- District Development Council, Govt of Maharashtra, Ahmadnagar
- Municipal Council, Balaghat
- NSDC (Telecom), New Delhi
- Innovation Council, Govt of AP, Hyderabad
- SEF Counselling, New Delhi

### Educational institutions

- Bhavan's Center for Interdisciplinary Studies (SPJIMR) Mumbai
- Mumbai Business School Mumbai
- Techno NJR Engineering Institute, Udaipur
- Making India Employable, Gurgaon
- Sardar Patel Group of Institutions (Engineering & Medical), Balaghat MP
- Balaghat English Medium School, Balaghat
- LNIT (Engineering & Medical), Bhopal
- Shantiniketan School, Bhopal
- Shri Satya Saibaba University of Science Technology, Sehore MP
- Samvit Institute of Infrastructure Management, Pune
- Regenesys Business School (South Africa), Mumbai
- Podar School Mumbai



Mr. Raj Shekhar Vyas  
Director & Founder B.E. (Hons.)  
BITS, Pilani, MBA

*We couldn't ask for better results out of this workshop. The culture of the college has changed. The confidence level, interaction of students with faculty and the energy levels have increased. At Techno, we aim at creating job-ready professionals and life-ready individuals that contribute to society. These workshops have been the perfect start to build that foundation.!*

*Mr. Raj Shekhar Vyas,  
Managing Trustee Techno NJR College of  
Engineering, Udaipur*

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